

1 *Safe sex norm questionnaire for female sex workers:*  
2 *development and validation study in Iran*

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16  
17 **Abstract**

18 **Objectives:** The aim of the present study was to develop and validate a safe sex norm questionnaire  
19 as an appropriate instrument which would be adaptable to the FSW population.

20 **Design:** A mixed method study.

21 **Methods:** Appropriate content was prepared through literature review. Content validation indices  
22 were assessed using interviews with content experts and lay experts. A conservative approach was  
23 used to assess the inter-rater agreement among the participants about the instrument relevance and  
24 clarity. The scale content validity index was computed using the average method. Non-parametric  
25 Mokken scale analysis was used for assessing scalability and unidimensionality of the  
26 questionnaire in a sample of 170 FSWs in Tehran. To evaluate the reliability and internal  
27 consistency of the questionnaire intra-class correlation and Cronbach's alpha were employed.

28 **Results:** A list of 34 items was finalized, with subscales for actual behavioral norms and for  
29 perceived norms. The relevance of the actual and perceived norms subscales in the final  
30 questionnaire was higher than 96%; clarity of the subtests was 99% and higher. The  
31 comprehensiveness of the actual and perceived norms subscales was 85% for both. Mokken scale  
32 analysis showed that the two subscales were distinct constructs, and all items are good indicators  
33 for the constructs.

34 **Conclusion:** Our findings support that the safe sex norm questionnaire is a valid and reliable  
35 measure that would be useful to harm reduction programs and help to effective HIV prevention  
36 among female sex workers.

37

38 **Keywords:** content validity; safe sex norm; questionnaire; female sex worker

39 **Introduction:**

40 Nowadays, after about four decades of the first reports of the human Immunodeficiency virus  
41 (HIV), the HIV pandemic is one of the important public health concerns in the worldwide  
42 especially for developing countries, yet<sup>1</sup>. Globally, in 2016, 36.7 million people had HIV that 2.1  
43 million of them were new HIV infections<sup>1</sup>. The evidence shows that the pattern of HIV transmission

44 in many developed and developing countries including Iran has shifted from injecting drug use to  
45 sexual transmission<sup>2-5</sup>.

46 Female sex workers (FSWs) are among the most important groups at risk of HIV/AIDS, especially  
47 in the phase of the HIV epidemic that HIV transmission through sexual intercourse is increasing<sup>3</sup>,  
48 <sup>6</sup>. This is related to their multiple risk behaviors such as unprotected sex, having multiple partners,  
49 drug or alcohol use before sexual intercourse, and injecting drug use. FSWs not only are at risk for  
50 HIV, but may also act as a bridge group for HIV transmission to the general population<sup>7,8</sup>.

51 FSWs' vulnerability to HIV not only depends on one's own risk behaviors, but also on the  
52 behaviors of members in one's social or sexual networks<sup>9-11</sup>. A growing body of literature shows  
53 the importance of social networks for HIV risk behaviors and transmission<sup>12-19</sup>. In addition to  
54 biological transmission through networks, social networks can enforce members' adherence to  
55 healthy or risk behaviors<sup>20-24</sup>. For example, Peterson and colleagues reported that men who have  
56 sex with men in the high-risk group, compared with those in the no-risk group, perceived lower  
57 positive reaction about condom use among their sexual networks<sup>25</sup>.

58 One of the important social network characteristics that affects health and risk behaviors is social  
59 norms and support of network members for existing social norms<sup>22, 25, 26</sup>. According to the  
60 literature, social norms can be associated with several health and risk behaviors such as smoking  
61 <sup>27, 28</sup>, exercising<sup>29, 30</sup>, weight-control behaviors<sup>31</sup>, use of contraception<sup>32</sup>, exchanging sex for  
62 money and drugs<sup>33</sup>, alcohol use<sup>34 35, 36</sup>, injecting drug use<sup>37</sup>, and sexual behaviors<sup>38</sup>.

63 Social norms are attitudes or behaviors that are considered acceptable in a peer group or  
64 community<sup>25, 37</sup>. People who do not follow norms may suffer negative consequence from network  
65 or community members.

66 Social norms include actual norms that are the real attitudes and behaviors of people (e.g. attitudes  
67 about appropriateness of condom use in sexual relationships); and perceived norms that are  
68 people's perceptions or beliefs about how others think or act (e.g. perception about peers' condom  
69 use)<sup>25,39</sup>. For research about social effects on safe sex behavior, measurement of social norms is  
70 important. Although there are some studies that measure social norms in populations of  
71 adolescents and young people who used drugs or alcohol<sup>40</sup>, men who have sex with men<sup>25</sup>, and  
72 injection drug users<sup>37</sup>, there is no published scale measuring social norms about safe sex behavior  
73 among FSWs.

74 The aim of the present study was to develop and validate a Safe Sex Norm Questionnaire (SSNQ)  
75 as an appropriate instrument that would be adaptable to FSW populations.

#### 76 **Method:**

77 This mixed method study (qualitative-quantitative) followed four steps for developing and  
78 validating the SSNQ. First, appropriate content was prepared through literature review and a  
79 qualitative study. Second, content validation indices were assessed for the prepared items using  
80 interviews with content experts and lay experts (FSWs). Third, the reliability of the questionnaire  
81 was evaluated in a pilot study. Finally, scalability of the items and unidimensionality of the  
82 questionnaire was explored using Mokken scale analysis based on a large sample of FSWs in  
83 Tehran (N=170).

84

#### 85 **Development of the questionnaire**

##### 86 **Literature review**

87 Based on the standard procedures for the development of valid and reliable questionnaires<sup>41,42</sup>, in  
88 the first step the relevant literature on social norms and sexual behaviors was critically assessed to  
89 recognize the social norms theory and theoretical frameworks in the previous studies, determine

90 the content domain of the social norm construct, and find the relevant instruments /  
91 questionnaire for adaptation. The reviewed literature provided strong evidence for association of  
92 social norm and risk behaviors<sup>37, 43 15, 25, 44</sup> and highlighted the lack of a social norm scale for safe  
93 sex practices among FSWs. According to the social norms theory, a behavior is more often  
94 influenced by people's perceptions of how others think or act than by their own beliefs or behaviors  
95<sup>39</sup>. Some studies have shown that following safer sex practices is associated with perceptions of  
96 supportive norms from peers and sexual partners for condom use<sup>25, 45, 46</sup>. Miner et al. found that  
97 condom use norms indirectly influenced unsafe sex through condom self-efficacy and safer sex  
98 intention among men who have sex with men<sup>44</sup>. It has been shown that social norms influence a  
99 number of HIV risk behaviors including condom use<sup>25, 47</sup>, needle sharing<sup>37, 48</sup>, and drug or alcohol  
100 use<sup>40, 49</sup>. These studies highlighted the important role of perceived network norms in HIV risk  
101 behaviors. The existing studies and instruments in the literature for related populations<sup>25, 44, 50</sup>  
102 were used for item generation in the SSNQ and modified to be applicable to social networks of  
103 FSWs.

104 In this step, the qualitative data collected in the interview with FSWs who had experience regarding  
105 social network of FSWs, sexual relationship and sex work also help to enrich and develop what  
106 has been identified in the literature regarding the concept, and considered as a valuable resource  
107 to generate questionnaire items.

#### 108 **Qualitative study**

109 Given that social norms about safe sex will be specific, to some extent, for the particular population  
110 of FSWs, a qualitative content analysis study with directed approach was conducted to identify the  
111 social norms, related to sexual behaviors, in the social network of FSWs<sup>51</sup>. According to this  
112 approach, the qualitative data were collected and analyzed based on the social norm theory and  
113 relevant existing study's findings as a guidance for initial codes<sup>51</sup>. The qualitative data along with

114 the literature review help to identify the social norm concept definition among FSWs, and served  
115 as a resource for item generation<sup>52</sup>. Participants were selected through purposeful sampling.  
116 Eligibility criteria included being over 16 years old, having had sex for money in the last year,  
117 identifying themselves as sex workers, and willingness to participate in the study. To reach  
118 maximum variation in the sample, and attain good generalizability of results to FSW populations,  
119 effort was made in the sampling process to recruit FSWs with different ages, and various different  
120 places of living and work. The semi-structured in-depth interviews were conducted with the  
121 eligible participants until 'data saturation' was reached, i.e., no further additional points of view  
122 were mentioned ( $n=9$ ). The interviews began with general questions about their experiences of  
123 sexual behavior with clients/sexual partners, common aspects of their sexual relationships, and  
124 their perception about sexual behaviors of peer friends. 'Peer friends' were defined here as other  
125 FSWs who were friends with the participants. In addition, questions were asked about peers'  
126 attitudes about safe sex. Probing questions were followed by W-questions such as where, when,  
127 how, and why.

128 For example, researchers asked the participants to answer questions such as, "What do you do to  
129 protect yourself regarding HIV/AIDSs?" "Do you know, what your friends do to protect  
130 themselves regarding HIV/AIDSs?" "Please explain your experience with condom use in your  
131 sexual relationships". Each interview lasted 1–1.5 h. After verbally receiving informed consent of  
132 the participants, all interviews were recorded but participant's identities were kept anonymous.

133 For analyzing the data, the interviews were transcribed into texts. The texts were reread several  
134 times, and initial codes were identified. Then, the codes which were semantically similar were  
135 classified into categories. To ensure accuracy and reliability of newly coded data, the previously  
136 coded interviews were reviewed again. The ethical review committee of the Social Welfare and

137 Rehabilitation Sciences University approved the study protocols (IR.USWR.REC.1394.187).  
138 Participants were given an explanation regarding the study purpose and provided verbal informed  
139 consent. Written informed consent was not obtained for preserving anonymity, because sex work  
140 is illegal in Iran.

#### 141 **Validation of the questionnaire**

142 For assessing the validity of the questionnaire, a first draft was sent to fifteen experts including  
143 four social science experts with experience in theories of social norms and social network analysis,  
144 two mental health experts who had work experience related to female sex workers in Iran, one  
145 epidemiologist, and eight FSWs as lay experts <sup>53</sup>. In this step the FSWs (n=8) were selected  
146 purposefully based on some criteria including; being over 16 years old, having had sex for money  
147 in the last year, identifying themselves as sex workers, being alert, having more communication  
148 with other FSWs, and willingness to participate in the study. To explain the study aims to the  
149 experts/lay experts, the questionnaire was sent along with the definition of the social norm and of  
150 the content validity indices (relevance, clarity, and comprehensiveness of the instrument), and with  
151 indications for how to score the questions, a cover letter, and a response form. Relevance was  
152 defined as the quality of the questions to reflect the relevant content. Clarity was defined as  
153 simplicity and clarity of the questions in terms of wording and content. Instrument  
154 comprehensiveness was defined as coverage of all relevant content by the list of questions. Each  
155 index, as recommended by Lynn <sup>53</sup>, was rated on a four-point Likert type scale  
156 (1=inappropriate/unclear, 2=somewhat appropriate/clear, 3=appropriate/clear, 4=quite  
157 appropriate/clear). In addition, all experts were encouraged to edit the questions' wording to  
158 improve the clarity, delete superfluous questions, and suggest additional questions. At this step,  
159 also the qualitative face validity of the questionnaire was assessed. The questionnaire was designed

160 for application through face-to-face interviews, to allow for the varying literacy levels among  
161 FSWs and increase the precision of data collection.

### 162 **Reliability of the questionnaire**

163 After evaluation of the questionnaire's content validity, a pilot study was performed among 28  
164 FSWs who were over 16 years old, identified themselves as sex workers, and were willing to  
165 participate in the study. Convenience sampling was used for recruiting the participants. These  
166 FSWs, who also satisfied the inclusion criteria of the study, were interviewed and completed the  
167 questionnaire. After a two weeks interval, the respondents filled in the questionnaire again.

168

### 169 **Scalability of the items and unidimensionality of the questionnaire**

170 After the pilot study, the final version of instrument was determined. To explore the scalability of  
171 the items the resulting questionnaire was administered to a large sample of FSWs in Tehran  
172 (N=170), and Mokken scale analysis was used<sup>54</sup>. Snowball sampling was used for recruiting the  
173 participants. The data collection chain process continued until 5 waves that the snowball extinct  
174 by itself. Mokken scale analysis is a non-parametric latent trait scale model, suitable for binary  
175 and categorical items. It was applied earlier to design and construct multi-item questionnaires  
176 measuring health constructs in the field of public health<sup>55, 56</sup>. This method uses Loevinger's  $H$   
177 coefficients to measure scale homogeneity for the item pairs, the items, and the entire scale. This  
178 coefficient indicates the quality of the scale; items with a low  $H$  value are candidates for removal  
179 from the scale. According to recommendations [45] a scale with  $0.3 \leq H < 0.4$  is considered a weak  
180 scale; between  $0.4 \leq H < 0.5$  a medium scale; and only when  $H \geq 0.5$  is it considered a strong scale.

181

### 182 **Statistical Analysis**

183 A conservative approach was used to determine the inter-rater agreement <sup>57</sup> among the participants  
184 about the instrument relevance and clarity <sup>58</sup>. The item content validity index (I-CVI) for an item  
185 was defined as the proportion of experts and lay experts who chose the item as “appropriate/clear”  
186 or “quite appropriate/clear” for clarity. A cut-off point 80% was considered as the acceptable level  
187 for this index.

188 The scale content validity index (S-CVI) was calculated based on the average method (S-CVI/Ave)  
189 as recommended by Polit and Beck <sup>58</sup>. In this approach, first, the four-option choices of each item  
190 (inappropriate, somewhat appropriate, appropriate, and quite appropriate) were combined to binary  
191 choices appropriate vs. inappropriate. Then, the proportion of “appropriate” responses was  
192 calculated across items and experts (including lay experts). The same procedure was conducted  
193 for relevance. The acceptable value for S-CVI/Ave was set at 90% <sup>58</sup>.

194 Comprehensiveness of the instrument was assessed by the proportion of experts who chose the  
195 instrument comprehensiveness as appropriate. The acceptable comprehensiveness was 80%.

196 To estimate the reliability and internal consistency of the questionnaire, intra-class correlation  
197 (ICC) and Cronbach's alpha were employed. For both, values higher than 0.7 were considered  
198 acceptable. The ICC was estimated by the correlations between total scores of the questionnaire in  
199 the pilot sample measured at two time points with a ten days to two weeks interval. Also, as a  
200 complement to the traditional Cronbach's alpha, the reliability coefficient was assessed by Mokken  
201 scale analysis using the N=170 sample. This coefficient is an unbiased estimate of the reliability,  
202 instead of a lower bound for the reliability as the traditional Cronbach's  $\alpha$ . Mean (SD) and  
203 frequency (%) were used for descriptive results of the FSWs. For the scale analysis the Mokken  
204 package [48] in the R software (<http://www.R-project.org>) was used. All other statistical analyses  
205 were performed using SPSS version 20 (IBM Corp., Armonk, NY, USA).

206

207 **Result:**

208 **Literature review**

209 The questionnaires and also questions in the literature which applied for the item generation and  
210 construction the SSNQ were including condom norm questionnaires with 6 questions<sup>25</sup>, peer norm  
211 questionnaire with 8 questions<sup>59</sup>, social norm scale with 3 items, that measures people's  
212 perceptions of their friends' attitudes toward using condoms<sup>60</sup>, some questions that were used to  
213 measure corresponding norms and also perceived behavioral norms for HIV risk behaviors among men in  
214 a South African<sup>47</sup>, and also some questions about network normative beliefs that were used in a study to  
215 measure attitudes towards consistent condom and multiple concurrent partnerships among young Tanzanian  
216 men<sup>61</sup>.

217 In the item generation step, using the related questionnaires and questions in the literature review  
218 and also results of the qualitative FSWs interviews, a list of 31 items was generated. After  
219 removing redundancy and duplication among the items, 28 items remained in the first draft of the  
220 SSNQ. Of these, seventeen were related to the actual norms subscale (ANS) and eleven related to  
221 the perceived norms subscale (PNS).

222 **Qualitative study**

223 Nine semi-structured in-depth interview were conducted. The results of the qualitative study  
224 showed that FSWs' sexual behaviors, especially condom use, were different with clients and  
225 sexual partners/lovers. This finding was considered for the questionnaire construction, and each  
226 item was generated separately for clients and sexual partners or lovers. Thirty-six subcategories  
227 and seven main categories were extracted through data analysis in the qualitative study. The main  
228 categories were including "Agreement by men (clients or sexual partners) to use condoms",  
229 "Condom use in sexual relationships with clients", "Dependence of females on the opinion of her

230 sexual partner or lovers in sexual relationships”, “Determination by men (clients or sexual  
231 partners) of the type of sexual relations and condom use”, “Being forced to accept unsafe sexual  
232 relationships due to financial and emotional needs”, and “Unwillingness of the women to use  
233 condoms during sexual intercourse”. According to the extracted codes, subcategories and  
234 categories of the qualitative study, social norms in the social network of the FSWs were defined  
235 conceptually as; *safe sex norm are sexual attitudes and behaviors that are affected by male  
236 authority, willingness and desire (e.g. for condom use), and tend to be accepted by the female.*  
237 This definition was considered in the construction of the questionnaire and served as a main source  
238 for the items generation.

239 **Content validity:**

240 In the second step, feedback was collected from the seven experts and eight lay expert FSWs about  
241 relevance, clarity, and comprehensiveness of the 28 items (seventeen items for ANS and eleven  
242 items for PNS). The experts suggested 12 new items that could help cover all components of the  
243 safe sex norms, compare an individual’s own behavior with corresponding social norms, and  
244 potentially combine individual behaviors to construct the group norms in FSWs social network. In  
245 terms of clarity of the items, some experts and lay FSWs suggested to use colloquial words that  
246 based on opinion’s expert team, some of the suggestions were applied in the questionnaire and  
247 some of them in the guiding interview. For example, “lover or boyfriend” was used instead of  
248 “sexual partner”. This suggestion was applied in the guiding interview. Also, some suggested to  
249 use “friends” instead of “peer friends”. As the verb “follow him” in questions number 11 and 12,  
250 “How much do you accept your sexual partner’s decision about condom use and kind of sexual  
251 relationship and follow him?” did not make sense to the participants, it was changed to “How much

252 do you accept your sexual partner's decision about condom use and kinds of sexual relationship?"

253 These suggestions were applied in the questionnaire.

254 After assessing the relevance and clarity, the draft questionnaire was finalized. It consisted of 34  
255 questions all using 5-point Likert response scales (see Appendix). The IRA indices, using a  
256 conservative approach for the relevance and clarity of the 34 questions, were 92.3 % and 85%,  
257 respectively.

258 The relevance of the actual and perceived norms subscales in the final questionnaire by using S-  
259 CVI/Ave approach were 97.1%, 96.8%, respectively. Also, the clarity of these subscales were  
260 99%, 99.6%. The comprehensiveness of the actual and perceived norms subscales were both 85%.  
261 The items, with their values for clarity and relevance, are shown in Table 1.

262 **Reliability:**

263 Of the 28 FSWs who participated in the first survey pilot, only one was not accessible for the re-  
264 test step (N=27). The mean age of the participants was 34.6 (SD=7.45). Among the participants  
265 (N=27), 26% lived in a shelter, a temporary place for the homeless to sleep at night which has been  
266 created by government or non-government organization, 4% in park, 52% lived alone or with  
267 family or friends in home, and 4% lived with sexual partner. Many of them had a secondary  
268 education (40 %) and high school education or diploma (33 %). About seven percent of them had  
269 university education. Also, 40 % of the participants were divorced and 33% of them were single.  
270 The average time for completing the questionnaire by interview was 17 minutes.

271 Cronbach's alpha for the actual and perceived norms subscales were 0.93 and 0.89, respectively.  
272 Also according to Mokken scale analysis on the sample of 170 FSWs, the reliability coefficients  
273 for the actual and perceived norms subscales were 0.97 and 0.96, respectively. The ICCs for the  
274 actual and perceived norms subscales were estimated as 0.88 and 0.83, respectively.

275

276 **Scalability of the items and unidimensionality of the questionnaire:**

277 For the scale and reliability analysis, data were collected from a large sample of 170 FSWs in  
278 Tehran who were over 16 years old, identified themselves as sex workers, and were willing to  
279 participate in the study. Snowball and purposeful samplings was used for recruiting the  
280 participants. Mean age of the participants was 34.5 (SD=7.6). Most of the participants were  
281 divorced (N=100, 59%). The majority of them lived with their girlfriends and 33% of them had an  
282 income between 150-300 USD. According to some evidence the average poverty line for urban  
283 households in Tehran is estimated about 800 USD per month <sup>62</sup>. The mean age at first sex work  
284 was 24.8 (SD=6.7). Many participants (N=60, 35%) reported to never use condoms in their sexual  
285 relationships. Regarding HIV status, 31 (18%) never had a HIV test and didn't know about their  
286 HIV status, but 11 (8 %) reported themselves as being HIV positive. The socio-demographic  
287 characteristics of the participants are reported in detail in table 2.

288 Mokken scale analysis was carried out separately for both scales, the actual and perceived SSNQ,  
289 resulting in Loevinger *H*-coefficient for the scales larger than 0.5, characterizing them as strong  
290 scales. All items have item-wise *H* coefficients more than 0.4, characterizing the large majority of  
291 items as strong ( $H \geq 0.5$ ) and a few of them as medium ( $0.4 \leq H < 0.5$ ). The Pearson correlation  
292 between the two subscale scores was 0.64. The results of the Mokken scale analysis and also  
293 scoring of the subscales are shown in detail in appendix.

294 **Discussion:**

295 The first step to assess the role of social norms on risk sexual behaviors is the development of a  
296 valid and reliable instrument that is compatible to the context of use. The assessment of the content  
297 validity, using experts and lay experts' views, was an important step in development and validation  
298 of SSNQ questionnaire with acceptable relevance, clarity and comprehensiveness.

299 Contrary to most existing social norm questionnaires<sup>25, 37, 59</sup>, the SSNQ includes both actual  
300 behaviors related to norms (actual norms subscale: ANS) and perceived norms (perceived norms  
301 subscale: PNS) in terms of condom use and drug or alcohol use before or with sexual intercourse.  
302 The results of this study indicate high content validity for all items and for the total SSN  
303 questionnaire. According to the I-CVI, each question had appropriate content validity<sup>58</sup>. For the  
304 scales as a whole the average CVI approach, recommended by Polit and Beck<sup>58, 63</sup>, indicated  
305 excellent content validity. The comprehensiveness value for the questionnaire indicated that the  
306 questionnaire is appropriately inclusive and covers the key aspects of the SSN construct. Thus,  
307 there is good evidence that the questionnaire has good relevance, clarity, and comprehensiveness  
308 to measure critical aspects of a safe sex norm construct for FSWs in the Iranian culture. The results  
309 of Mokken scale analysis support the scalability of the items and the unidimensionality of the two  
310 sub scales, which means that all items belong in the scale, measure a common latent variable in  
311 each subscale, and can be strong indicators of the latent variable, the safe sex norm. Therefore,  
312 according to the requirements of Mokken scale analysis [45,46], these scales can order the  
313 participants based on their scores of the safe sex norm. The high correlation between the mean  
314 scores of the two scales ( $r = 0.64$ ) means that the safe sex behaviors of the FSWs (actual norm) is  
315 strongly related to their perception of safe sex behaviors of their friends (perceived norm); while  
316 still the two subscales measure distinct latent variables. This finding is very important to HIV  
317 intervention in the social network of FSWs. When trying to promote safe sex behavior among  
318 FSWs, it can be beneficial to consider the behavior of their network members, especially their  
319 friends' and peers' behaviors, in addition to FSWs' own behaviors. This supports continuing with  
320 further research regarding FSWs as part of a social network with its own specific social norms.

321 Through these norms the members may affect the behavior of other network members, especially  
322 their peer friends. Further research of this kind is conducted, in which the SSNQ is being used.  
323 The good reliability of the SSNQ corresponds to Peterson et al. who reported appropriate reliability  
324 for their condom norm scale with 6 questions <sup>25</sup>. Also, it is consistent with Miner et. al's study  
325 about assessing people' perceptions of their friends' attitudes toward using condoms, reporting  
326 alpha of 0.77 for his social norm scale with 3 items <sup>44</sup>.

327 Some strengths of the present study are the following. A new social norm questionnaire (SSNQ)  
328 has been developed and validated for FSWs, a population which is difficult to reach, and for a  
329 topic that is sensitive: their sexual behavior. This was achieved through a coproduction process  
330 with FSWs themselves. The SSNQ captures the key concept of social norm, both actual behavior  
331 and perceived norms, knowledge of which is of fundamental importance for safe sexual behavior  
332 among FSWs. The sample used for validating the SSNQ has aspects of strength and limitation at  
333 the same time. A limitation is that it was not a random sample. A strength is that, for this  
334 population which is very hard to reach, a reasonable sample size of 170 was obtained which  
335 came from diverse venues in Tehran. Therefore, we think that the sample may be regarded as  
336 fairly representative. Due to the limitations of sample size and non-random selection, the items  
337 may not represent full range of views across all FSWs. However, for this type of population, a  
338 random sample may be impossible to obtain. A further limitation of this study is that the  
339 reliability and validation of the SSNQ are based on data from FSWs in Teheran. We have no  
340 information about other cities, smaller towns, or other countries. For using in other countries,  
341 adaptation and new testing is recommended.

## 342 **Conclusions**

343 According to the results of the present study, we conclude that the SSNQ is a measurement of safe  
344 sex norm of FSWs with good content validity and reliability. It is composed of two subscales, for  
345 actual and for perceived norms, which both have good unidimensionality (homogeneity)  
346 properties. The SSNQ would be useful for application in harm reduction programs, and may help  
347 effective HIV prevention among FSWs. We think the SSNQ could also be used in other contexts,  
348 with similar populations; however, for such purposes it may need contextual adaptation. Further  
349 study is suggested to conduct a construct validity which provide greater evidence to support the  
350 validity of the questionnaire.

351

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#### 356 **Ethical approval**

357 Ethics approval for this study was obtained from the ethical review board of the University of  
358 Social Welfare and Rehabilitation Sciences, Tehran, Iran.

#### 359 **Contributors**

360 Jorjoran Shushtari Z, Hosseini SA, sajjadi H, Salimi Y, Shahesmaeili A, and Snijders T contributed  
361 in the study design, data collection and writing manuscript drafts. Jorjoran Shushtari Z and Snijders  
362 T assisted in the analysis of the data, writing and critically reviewing multiple manuscript drafts.  
363 All authors have read and approved of the submission of the manuscript.

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366 **Conflict of interest**

367 The authors declare no conflict of interest.

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Table1: Clarity and relevance of each item for actual and perceived safe sex norms.

<b>Actual safe sex norms items</b>	<b>Relevance</b>	<b>Clarity</b>
How often do you use condoms in sexual relationships with your (1) sexual partner or lover (2) regular clients (3) temporary clients, who do not know well	100%	100%
How much does your sexual partner or lover accept your request to use condom in sexual relationships?	100%	100%
How much does your client accept your request to use condom in sexual relationships?	100%	100%
How important is to you that use condom during sex with your (1) sexual partner or lover (2) regular clients (3) temporary clients, who do not know well	100%	100%
How much do you insist on condom use even if your partner did not want to use a condom?	100%	100%
How much do you insist on condom use even if your client did not want to use a condom?	100%	100%
How much do you accept your sexual partner's decision about condom use and type of sexual intercourse?	100%	100%
How much do you accept your client's decision about condom use and kinds of sexual relations?	100%	100%
How much do you agree with abstinent of sexual relationships without condom use?	80%	80%
How important is it to you to use condoms all the time in sexual relationships with sexual partners?	100%	100%
How important is to you to use condoms all the time in sexual relationships with clients?	100%	100%
How likely is it for you to cut your sexual relationship, if your sexual partner doesn't accept your request for condom use?	100%	100%
How likely is it for you to cut your sexual relationship, if your client doesn't accept your request for condom use?	100%	100%
<b>Perceived safe sex norms items</b>		
How many of your friends do you think use condoms in sexual relationships with her (1) sexual partner or lover (2) regular clients (3) temporary clients, who do not know well	100%	100%
How many of your friends' clients do you think accept your friends' suggestion for condom use?	100%	100%
How many of your friends' sexual partner do you think accept your friends' suggestion for condom use?	100%	100%
How important do you think is to your friends to use condom with: (1) regular clients (2) temporary clients, who do not know well (3) sexual partner	100%	100%
How many of your friends insist on condom use even if her partner or lover doesn't want to use condoms?	100%	100%
How many of your friends insist on condom use even if her client doesn't want to use condoms?	100%	100%
How many of your friends do you think accept her sexual partners' decision for condom use?	100%	100%
How many of your friends do you think accept her clients' decision for condom use?	100%	100%

How many of your friends do you think agree with abstinence of sexual relationships without condom use?	80%	80%
How many of your friends do you think use condoms all the time in sexual relationships with clients?	100%	100%
How many of your friends do you think use condoms all the time in sexual relationships with her sexual partner?	100%	100%
How many of your friends do you think cut their sexual relationships, if her sexual partner doesn't accept her request for condom use?	80%	100%
How many of your friends do you think cut their sexual relationships, if her client doesn't accept her request for condom use?	80%	100%

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530 Table 2. Characteristics of the study sample, their social support and condom use frequency (N=  
 531 170)

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<b>Variables</b>		<b>Mean (SD) or No (%)</b>
<b>Age</b>		34.48 (7.58)
<b>Marital status</b>	Single	28 (16.5)
	Married	22 (12.9)
	Divorced	100 (58.8)
	Concubine	11 (6.5)
	Widowed	9 (5.3)
<b>Educational level</b>	Illiterate	5(2.9)
	Primary education	18 (10.6)
	secondary education	68(40.0)
	High school or Diploma	73 (42.9)
	University degree	6 (3.5)
<b>Having children</b>	Yes	120 (70.6)
	No	50 (29.4)
<b>Total monthly income</b>	less than 50 USD	16 (9.4)
	50-150 USD	50 (29.4)
	150- 300 USD	63 (37.1)
	More than 300 USD	41(24.1)
<b>Place of living</b>	Park, street, vehicle or bus station	9 (5.3)
	Shelter	38 (22.4)
	Girl friends or relative's home	21(12.4)
	Lover or Sexual partner's home	20(11.8)
	Personal home	69(40.6)
	Group(Team) home	13(7.6)
<b>Living with whom</b>	Sexual partner (spouse, lover, boyfriend)	39 (22.9%)
	Girlfriends	50 (29.4%)

	Parents	18 (10.6%)	533
	Sibling	4 (2.4%)	534
	Children	9 (5.3%)	535
	Female in shelter	17(10%)	536
	Alone	33(19.4%)	537
<b>Age at first sex work</b>		24.8 (6.69)	538
<b>Number of sex work in the last month</b>		10.26 (6.39)	539
<b>HIV test</b>	Yes	139 (81.8)	540
	No	31 (18.2)	541
<b>Condom use in the last month</b>	Always	16 (9.4 %)	542
	Often	13 (7.6%)	543
	Sometimes	32 (18.8%)	544
	Rarely	49 (28.8%)	
	Never	60 (35.3%)	