# Causal models and how to refute them. 

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How a short nap can raise the risk of diabetes: Study finds people who have a siesta are more likely to have high blood pressure and high cholesterol

- Napping for more than 30 minutes at a time can raise the risk of diabetes, according to a new study
- It can also increase likelihood of high blood pressure and high cholesterol

By PAT HAGAN
PUBLISHED: 01:04, 21 September 2013 | UPDATED: 10:34, 21 September 2013

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They were much favoured by Margaret Thatcher, Albert Einstein and Winston Churchill
But while afternoon naps may revitalise tired brains, they can also increase the risk of diabetes,
according to new research.

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Sleep Medicine
Volume 14, Issue 10, October 2013, Pages 950-954

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${ }^{1}$ Dongfeng General Hospital, Dongfeng Motor Corporation and Hubei University of Medicine, China

Abstract

## Objectives

Afternoon napping is a common habit in China. We used data obtained from the Dongfeng-Tongji cohot to examine if duration of habitual afternoon napping was associated with risks for impaired fasting plasma glucose (IFG) and diabetes mellitus (DM) in a Chinese elderly population.

Methods

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> "Dr Matthew Hobbs, head of research for Diabetes UK, said there was no proof that napping actually caused diabetes."

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Causality is best inferred from experiments.
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\begin{array}{rl}
T & \mathrm{~S} \\
p(t, s, c)= & p(t) p(c) p(s \mid t, c) \\
& T \Perp C
\end{array}
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T \rightarrow C \\
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T \Perp C \mid S
\end{gathered}
$$

Sometimes!
This is the basis of some causal search algorithms (e.g. PC, FCI). Note: other methods (e.g. integer programming) are also used.

In order to do this well, we need to understand in what ways causal models will be observationally different.

When everything is observed this is (mathematically) easy.

## Hidden Variables

Instrumental variables:


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Dynamic treatment model / longitudinal exposure:


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Dynamic treatment model / longitudinal exposure:


Principal aims:

- be able to test causal models;
- identify and bound causal effects;
- use constraints for model search.


## The Holy Grail: Structure Learning

Truth:


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Given a distribution $P$ (or rather data from $P$ ) and a set of possible causal models...
(®) ()
(2)

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## The Holy Grail: Structure Learning

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Given a distribution $P$ (or rather data from $P$ ) and a set of possible causal models...




...return list of models which are compatible with data.

## Experimental Design

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We could then identify an experiment to distinguish remaining models:


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(X)

intervene on $X$ :
...return list of models which are compatible with data.
To do this we need to know what constraints the model places on the distribution (the focus of this talk).

## Outline

(1) DAG Models

## (2) An Example

(3) mDAGs
4) Inequalities
(5) Testing, Fitting and Searching

## Directed Acyclic Graphs

[^1]
## Directed Acyclic Graphs

vertices


## Directed Acyclic Graphs




directed acyclic graph (DAG), $\mathcal{G}$

## Directed Acyclic Graphs




directed acyclic graph (DAG), $\mathcal{G}$

If $w \rightarrow v$ then $w$ is a parent of $v: \operatorname{pa}_{\mathcal{G}}(4)=\{1,2\}$.
If $w \rightarrow \cdots \rightarrow v$ then $w$ is a ancestor of $v$.
An ancestral set contains all its own ancestors.

## DAG Models (aka Bayesian Networks)



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graph $\mathcal{G}$


$$
p\left(x_{1}, \ldots, x_{k}\right)=\prod_{i} p\left(x_{i} \mid x_{\mathrm{pa}(i)}\right)
$$

(factorization)

## DAG Models (aka Bayesian Networks)


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$$
p\left(x_{1}, \ldots, x_{k}\right)=\prod_{i} p\left(x_{i} \mid x_{\mathrm{pa}(i)}\right)
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(factorization)

So in example above:

$$
p\left(x_{V}\right)=p\left(x_{1}\right) \cdot p\left(x_{2}\right) \cdot p\left(x_{3} \mid x_{2}\right) \cdot p\left(x_{4} \mid x_{1}, x_{2}\right) \cdot p\left(x_{5} \mid x_{3}, x_{4}\right)
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## DAG Models

Can also define model as a list of conditional independences:

pick a topological ordering of the graph: $1,2,3,4,5$.

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\end{aligned}
$$

The model is the same as setting

$$
p\left(x_{i} \mid x_{1}, x_{2}, \ldots, x_{i-1}\right)=p\left(x_{i} \mid x_{\mathrm{pa}(i)}\right), \quad \text { for each } i
$$

Thus $\mathcal{M}(\mathcal{G})$ is precisely distributions such that:

$$
X_{i} \Perp X_{[i-1] \backslash \mathrm{pa}(i)} \mid X_{\mathrm{pa}(i)}, \quad i \in V
$$

This is a constraint-based perspective.

## Causal Models

A DAG can also encode causal information:


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If we intervene to experiment on $X_{4}$, just delete incoming edges.

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In distribution, just delete factor corresponding to $X_{4}$ :

$$
\begin{aligned}
p\left(x_{1}, x_{2}, x_{3}, x_{4}, x_{5}\right) & =p\left(x_{1}\right) \cdot p\left(x_{2}\right) \cdot p\left(x_{3} \mid x_{2}\right) \cdot p\left(x_{4} \mid x_{1}, x_{2}\right) \cdot p\left(x_{5} \mid x_{3}, x_{4}\right) . \\
p\left(x_{1}, x_{2}, x_{3}, x_{5} \mid \operatorname{do}\left(x_{4}\right)\right) & =p\left(x_{1}\right) \cdot p\left(x_{2}\right) \cdot p\left(x_{3} \mid x_{2}\right) \cdot p\left(x_{5} \mid x_{3}, x_{4}\right) .
\end{aligned}
$$

All other terms preserved.

## Outline

(1) DAG Models
(2) An Example
(3) mDAGs
(4) Inequalities
(5) Testing, Fitting and Searching

## Marginalization

Very often causal models include random quantities that we cannot observe.

Wisconsin Longitudinal Study:

- over 10,000 Wisconsin high-school graduates from 1957;
- data on primary respondents collected in 1957, 1975, 1992, 2004.


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Suppose we want to know whether drafting has impact on future earnings, controlling for education/family background.
$X$ family income in 1957;
$E$ education level;
$M$ drafted into military;
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$X$ family income in 1957;
$E$ education level;
$M$ drafted into military;
$Y$ respondent income 1992;
$U$ unmeasured confounding.


## Marginalization

Note we don't want to make assumptions about $U$; so this is not a latent variable model in the usual sense.

Model is defined (implicitly) by an integral:

$$
p(x, e, m, y)=\int p(u) p(x) p(e \mid x, u) p(m \mid e) p(y \mid x, m, u) d u
$$

No state-space is assumed for hidden variable (though uniform on $(0,1)$ is sufficient).

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- characterize the model?
- test membership of the model?
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But how can we

- characterize the model?
- test membership of the model?
- fit it to data?

We aim to study the set of distributions constructed in this way.
Strategy: study constraints satisfied by these models.

## Latent Variable Models

Traditional latent variable models would assume that the hidden variables are (e.g.) Gaussian, or discrete with some fixed number of states.
Advantages: can fit fairly easily (e.g. EM algorithm, Monte Carlo).


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Advantages: can fit fairly easily (e.g. EM algorithm, Monte Carlo).


## But:

- assumptions may be wrong!
- latent variables lead to singularities and nasty statistical properties (see e.g. Drton, Sturmfels and Sullivant, 2009)


## Getting the Picture



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## Getting the Picture



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Can represent any causal model with hidden variables in following compact format; we call this an mDAG (Evans, 2015).


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Only observed variables on graph $\mathcal{G}$; latent variables represented by red hyper edges.

Can put the latents back: call this the canonical DAG $\overline{\mathcal{G}}$.

## The Marginal Model

Can represent any causal model with hidden variables in following compact format; we call this an mDAG (Evans, 2015).

$P$ satisfies the marginal Markov property for $\mathcal{G}$ if it is the margin of some distribution in $\mathcal{M}(\overline{\mathcal{G}})$.

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$P$ satisfies the marginal Markov property for $\mathcal{G}$ if it is the margin of some distribution in $\mathcal{M}(\overline{\mathcal{G}})$.

The marginal model is denoted $\mathcal{M}(\mathcal{G})$.

## Model Description

We can write down a causal model, and collapse it to an mDAG, representing its margin.

But the definition of the marginal model is implicit:

$$
p\left(x_{1}, x_{2}, x_{3}, x_{4}\right)=\int p(u) p\left(x_{1}\right) p\left(x_{2} \mid x_{1}, u\right) p\left(x_{3} \mid x_{2}\right) p\left(x_{4} \mid x_{3}, u\right) d u
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Actually determining whether or not a distribution satisfies the marginal Markov property is hard.

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Actually determining whether or not a distribution satisfies the marginal Markov property is hard.

## Our strategy:

- derive some properties satisfied by the marginal model;
- define a new (larger) model that satisfies these properties;
- work with the larger model.


## Ancestral Sets



$$
\begin{aligned}
& p\left(x_{1}, x_{2}, x_{3}, x_{4}\right) \\
& =\int_{u} p(u) p\left(x_{1}\right) p\left(x_{2} \mid x_{1}, u\right) p\left(x_{3} \mid x_{2}\right) p\left(x_{4} \mid x_{3}, u\right) d u
\end{aligned}
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& p\left(x_{1}, x_{2}, x_{3}\right) \\
& =\int_{x_{4}} \int_{u} p(u) p\left(x_{1}\right) p\left(x_{2} \mid x_{1}, u\right) p\left(x_{3} \mid x_{2}\right) p\left(x_{4} \mid x_{3}, u\right) d u d x_{4}
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& =p\left(x_{1}\right) p\left(x_{3} \mid x_{2}\right) p\left(x_{2} \mid x_{1}\right)
\end{aligned}
$$

Density has form corresponding to ancestral sub-graph.

## Factorization into Districts

District is a maximal set connected by latent variables / bidirected edges:


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$\int_{u, v} p(u) p\left(x_{1} \mid u\right) p\left(x_{2} \mid u\right) p(v) p\left(x_{3} \mid x_{1}, v\right) p\left(x_{4} \mid x_{2}, v\right) p\left(x_{5} \mid x_{3}\right) d u d v$

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& =q_{12}\left(x_{1}, x_{2}\right) \cdot q_{34}\left(x_{3}, x_{4} \mid x_{1}, x_{2}\right) \cdot q_{5}\left(x_{5} \mid x_{3}\right) .
\end{aligned}
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& =\prod_{i} q_{D_{i}\left(x_{D_{i}} \mid x_{p a}\left(D_{i}\right) \backslash D_{i}\right)}
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Each $q_{D}$ piece should come from the model based on district $D$ and its parents ( $\mathcal{G}[D]$ ).

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Say (conditional) probability distribution $p$ recursively factorizes according to mDAG $\mathcal{G}$ and write $p \in \mathcal{N}(\mathcal{G})$ if:

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Note that one can iterate between 1 and 2 .
This defines the nested Markov model $\mathcal{N}(\mathcal{G})$. (Shpitser et al., 2014)

## Example


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and therefore $X \Perp M \mid E$.

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This places a non-trivial constraint on $p$.

## Completeness

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\mathcal{M}(\mathcal{G}) \subseteq \mathcal{N}(\mathcal{G}) .
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Theorem (Evans, 2015a)
For discrete observed variables, the constraints implied by the nested Markov model are algebraically equivalent to causal model with latent variables (with suff. large latent state-space).
'Algebraically equivalent' = 'up to inequalities'. Any 'gap' $\mathcal{M}(\mathcal{G}) \subset \mathcal{N}(\mathcal{G})$ is due to inequality constraints.
So in particular they have the same dimension.

## Getting the Picture



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## Main Result

Nested model is a good approximation to the marginal model: in the discrete case it can be explicitly parameterized and fitted.

## Theorem (Evans and Richardson, 2015)

Discrete nested models are curved exponential families.

This has very nice statistical implications, including for the marginal model.

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## Theorem (Evans and Richardson, 2015)

Discrete nested models are curved exponential families.

This has very nice statistical implications, including for the marginal model.

All parameters are of the form $p(\boldsymbol{X} \mid \operatorname{do}(\boldsymbol{Y}))$ : easily interpretable.

## Wisconsin Data Example

Take only male respondents who were either drafted or didn't enter military at all (before 1975).
Continuous values dichotomised close to median.
Four binary indicators:
$X$ family income $>\$ 5$ k in 1957;
$E$ education post high school;
$M$ drafted into military;
$Y$ respondent income $>\$ 37 \mathrm{k}$ in 1992.
1,676 complete cases in $2^{4}$ contingency table (minimum count 16 ).

## Results

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No evidence that military service has any effect on income after controlling for education.

Removing any edges from (c) strongly rejected.
Also find strong residual income effect:

$$
P(Y=1 \mid \operatorname{do}(X=0))=0.36 \quad P(Y=1 \mid \operatorname{do}(X=1))=0.50 .
$$

## Outline

(1) DAG Models
(2) An Example
(3) mDAGs
(4) Inequalities
(5) Testing, Fitting and Searching

## The IV Model

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e.g.

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P(X=x, Y=0 \mid Z=0)+P(X=x, Y=1 \mid Z=1) \leq 1
$$

This is the instrumental inequality, and can be empirically tested.

## Missing Edges Give Constraints

Proposition (Evans, 2012)
If $X$ and $Y$ are not joined by an edge in $\mathcal{G}$ there is always a constraint induced on a discrete joint distribution.

## Outline

## (1) DAG Models

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(3) mDAGs

4 Inequalities
(5) Testing, Fitting and Searching

## Equivalence on Three Variables

Markov equivalence (i.e. determining whether two models are observably the same) is hard.
Using Evans (2015) there are 8 unlabelled marginal models on three variables.








## But Not on Four!

On four variables, it's still not clear whether or not the following models are saturated: (they are of full dimension in the discrete case)


## Fitting Marginal Models

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- $\mathcal{L}(\mathcal{G}) \subseteq \mathcal{M}(\mathcal{G}) \subseteq \mathcal{N}(\mathcal{G})$.

So if we accept the latent variable model, or reject the nested model, same applies to marginal model.

## That Picture Again



## Some Extensions

We know nested models are curved exponential families, so justifies classical statistical theory:

- likelihood ratio tests have asymptotic $\chi^{2}$-distribution;
- BIC as Laplace approximation of marginal likelihood.


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Since marginal models are the same dimension, they share these properties (except on their boundary).

Also, latent variable models become regular if state-space is large enough.

Can also include continuous covariates with outcome as multivariate response. e.g.:


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- solves some boundary issues (at expense of larger model class).

Some limitations:

- Complete inequality constraints seem very complicated (though some hope exists);
- nice rule for model equivalence not yet available for either nested or marginal models.


## Thank you!

## References

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## Ancestral Sets



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& p\left(x_{1}, x_{2}, x_{3}, x_{4}\right) \\
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Density has form corresponding to ancestral sub-graph.

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Note that one can iterate between 1 and 2.
This defines the nested Markov model $\mathcal{N}(\mathcal{G})$.

## Causal Coherence of mDAGs

If $P$ is represented be a DAG in a causally interpreted way, then intervening on some set of nodes $C \subseteq V$ can be represented by deleting incoming edges to $C$ in $\mathcal{G}$. Call that graph $\mathcal{G}^{\bar{C}}$

Theorem (Evans, 2015)
If $C \subseteq O$ then $\mathfrak{p}\left(\mathcal{G}^{\bar{c}}, O\right)=\mathfrak{p}(\mathcal{G}, O)^{\bar{c}}$; i.e. the projection respects causal interventions.

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$\downarrow$ project


## Proof of Instrumental Inequality



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Causally, we can think of this as an intervention severing $X \rightarrow Y$.
Can't observe $p^{*}$ but:

- Consistency: $p(\xi, y \mid z)=p^{*}(\xi, y \mid z)$ for each $z, y$; and
- Independence: $Y \Perp Z$ under $p^{*}$.


## Solution: A Different Proof

For each $x=\xi$ we require $p_{\xi}^{*}$ :

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p_{\xi}(\xi, y \mid z)=p_{\xi}^{*}(\xi, y \mid z) \text { for each } y, z, \quad Y \Perp Z\left[p_{\xi}^{*}\right] .
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Does such a distribution exist?

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By maxing over $\xi$, the instrumental inequality follows.
We say that the probabilities $p(x, y \mid z)$ are compatible with $Y \Perp Z$.

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So by the same argument, for fixed $\xi, p(\xi, y, z)$ must be compatible with a (fictitious) distribution $p_{\xi}^{*}$ in which $Y \Perp Z$.
[Note for the IV model, the conditional distribution $p(\xi, y \mid z)$ had to be compatible.]

## d-Separation

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Two vertices $v$ and $w$ are d-separated given $C \subseteq V \backslash\{v, w\}$ if all paths are blocked.


[^0]:    Abstract

    Objectives
    Afternoon napping is a common habit in China. We used data obtained from the Dongfeng-Tongji cohort to examine if duration of habitual afternoon napping was associated with risks for impaired fasting plasma glucose (IFG) and diabetes mellitus (DM) in a Chinese elderly population.

    Methods

[^1]:    vertices
    edges
    

